



I Belong Bags Foundation
Dignity for Children in Crisis

IBB on [Facebook](#) | IBB on [IG](#) | IBB on [LinkedIn](#)
www.ibelongbags.com
info@ibelongbags.com

Calgary, Alberta and area

BUILD A BAG FOR BELONGING

I Belong Bags (IBB) is a grass roots non-profit organization started in a grade 1 classroom in 2018. We support vulnerable children and youth by providing them with backpacks filled with essential and comfort items to children and youth who may have had to leave their current residence with nothing but the clothes on their backs or a garbage bag filled with their belongings. The psychological impact of this can last a lifetime in a young person’s heart and mind and is the moment we are working to disrupt and replace with connection, bravery and belonging and resiliency.



1. Find a backpack

Start with a new average-sized backpack.

2. Who are you packing for?

A girl, boy, or a gender-neutral bag, and the age. Attach the tag below to the outside of the bag.

3. Fill with gifts

Each backpack contains a pair of pajamas, small blanket, toiletries, reading book, colouring or sketchbook, colouring utensils, writing utensils, and “WOW” items. This can include fun toys, stuffed animals, school supplies, accessories, crafts. Place liquids and toothbrushes/paste inside ziploc baggies.

INFANT (NB – Age 2)	CHILD 3-9 YEARS OLD	YOUTH AGES 10+
Pajamas (newborn to 18-24 months) Baby Blanket Baby Shampoo Baby Body Wash Baby Lotion Diapers & Wipes Diaper Ointment or Baby Powder Baby Bibs Baby Washcloths Toddler Safe Stuffed Animal Board Book Toy or Gift Card (as available)	Pajamas (3T-9) Small Blanket Toothbrush Toothpaste Shampoo & Conditioner Body Lotion* Soap or Body Wash Stuffed Animal Coloring Book & Crayons Empowering book Toy or Gift Card (as available)	Sleepwear (Child Size 10 to Adult XXL) Small Soft Blanket Toothbrush Toothpaste Shampoo & Conditioner Body Lotion/Soap or Body Wash Deodorant Feminine Hygiene Products Age appropriate (teenage comfort item) Journal, Pens, & Pencils Empowering book Gift Card (as available)

4. Drop off or request pickup

Donations can be dropped off at one of our 3 sponsoring Sentinel Storage locations. Or send an email to info@ibelongbags.com and we will arrange to come to you to collect the bags!

- Chaparral | 1800 194 Ave SE #3000, Calgary, AB
- Glenmore | 5950 12 St SE, Calgary, AB
- Spyhill | 7725 112 Ave NW, Calgary, AB



I BELONG BAGS – Build a Bag for Belonging: Select gender and age of backpack you are gifting and attach this tag to the backpack.

AGE: Months: _____ Years: _____

GENDER: Boy Girl Gender Neutral

GIFTED FROM: _____ Date: _____



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